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BBL Pre-Procedure Instructions

1. No sun exposure, tanning beds, self-tanning lotion, or spray tans for 4 weeks prior to the procedure. You also should plan to avoid sun exposure and tanning beds for 4 weeks after the procedure.
2. No ibuprofen (Motrin, Advil), naproxen (Aleve), or aspirin for 1 week before and 1 week after the procedure unless prescribed by a physician.
3. Come for your procedure with a clean face (no makeup, lotions, or sunscreens).
4. Let your doctor know before you come for your procedure if you have a history of fever blisters.
5. You should plan to avoid heavy exercise or getting overheated for 48 hours after the procedure.
6. Allow 48 hours after Botox injection and 2 weeks after filler injection before having the procedure done.
7. You should not be treated with this procedure if you are pregnant or might be pregnant.
8. Be aware that BBL may cause permanent hair removal in treated areas. This may be especially important in men who have their beard areas treated with this laser.